

Fairseat Foundation



Fairseat News –Tuesday, 23rd March 2021

An update on where we are. Things have moved along quite fast since my last newsletter on Thursday last week.

On Saturday, we had 11 residents and 20 staff and also the driver for Mike & Rosemary all tested – so a total of 32 people which was all the test kits they came with. The residents' numbers included Michael & Rosemary who were being retested after their positive test result received on Thursday.

On Monday, we tested 53 people including 39 staff, 12 residents and 2 close contacts.

So, our total tests to date are 59 staff, 23 residents and 3 close contacts giving a total of 85 people tested over two different days. We have a third day of tests to process and we should get those results tomorrow evening.

In short, we have 4 new positive results for residents and 12 positive cases amongst our staff.

- Mike & Rosemary returned negative tests – this was not to be unexpected given the time frames and the fact that they had undergone 2 days of treatment. It certainly does not suggest that the original test was wrong. They are both feeling much better.
- Apart from M&R, we have four other residents - Joe & Gaye, Andy and Angela – who all returned positive tests. They all appear to be asymptomatic as I type. Having said that, Andy has been suffering from sinusitis recently and he admits to feeling worse recently but simply assumed that it was his sinusitis – it may easily be the effect of the Covid infection.
- Eight of our carers have tested positive and we have one who has been admitted to hospital but I understand that she is much better. The majority are apparently asymptomatic but once they have tested positive there are generally comments of “flue-like symptoms” or headaches or some such minor ailment that could have been a pointer but was ignored. They have all been sent home and are being monitored for any development of symptoms in which case we will arrange medical appointments and treatment if required.
- The other staff who have tested positive include a gardener, 2 from the kitchen and one of our nurses.
- Residents who are positive will be treated according to their individual circumstances. Staff who are positive will be directed to the Convergent Medical Centre in Hurlingham to consult with Dr Consolata Mwangi. She has significant experience with Covid cases and has agreed to see any of our staff who are positive.

Clearly this is not good news and we face a challenge to maintain our services with the reduced staff available. We are naturally reluctant to bring new staff into such an environment.

It is not all bad news. Tomorrow we are getting our first batch of staff vaccinated. There are only 7 in the first batch but it is an important milestone for us and we are looking forward to growing the number rapidly over the next fortnight. The vaccinations will be given at Aga Khan hospital. I understand that it will be the Astra Zeneca vaccine.

The other bit of good news is that Gertrudes have promised to start vaccinating our residents as soon as they get their second batch of vaccines from the Government vaccine centre which is intended for the elderly as well as other groups. They have been promised them next week so we will cross fingers and toes and hope for the best.

The final bit of good news is that Joe & Gay celebrate their 59th Wedding Anniversary tomorrow and we all wish them the best going forward and hope the Covid does not dampen the spirits too much.