

Fairseat Foundation



Fairseat News – Friday 25 June 2021

- **Residents** – Edwin was discharged from AKUH this afternoon in time to have his second vaccine
- **Vaccination** – almost all residents and staff have had their second (booster) vaccinations with Astra Zeneca. We are very grateful to Ian V. for putting us in touch with Dr. Beg who came to Fairseat and delivered 120 vaccines in about 80 minutes. I am feeling much more comfortable and relaxed now although the next step is to avoid the “Peltzman Effect” (where people are more likely to indulge in risky behaviour when security measures have been mandated). The Gavi Vaccine Alliance website says that:
 - Vaccines give neither immediate protection nor full protection against Covid-19 infection.
 - The benefits of the second dose start to appear after about 1 to 2 weeks.
 - There are different degrees of protection: against death, against needing to go to hospital, against getting ill, and against getting infected at all.
 - A round-up of evidence from around the world, by Public Health England, finds that one dose of the Oxford-AstraZeneca vaccines is fairly good at preventing infection and illness, and better at preventing hospitalisation or death. After a second dose, protection increases further.
- **Lockdown and Visitors** – we will now wait for at least 14 days for the second vaccine to take effect before we introduce any changes. In the mean time I will communicate with the board for confirmation of the way forward given the current situation in Kenya and share this with residents as soon as possible.
- **Vacancies** – We have 4 new residents coming into Fairseat as and when their residences are ready. We still have a very nice double cottage and a single cottage available – both of which have been totally renovated recently. Anyone interested in either or both should contact me.
- **Resident birthdays & anniversaries** – in June, we had four birthdays and two wedding anniversaries. We have no resident birthdays at all in July. However, we will still be able to celebrate as on 14th July we have the 32nd anniversary of the date when Vivien Horwood donated the land upon which Fairseat now sits. I think it will be a suitable occasion for us to celebrate our second vaccination and remember Vivian’s extraordinary generosity. Watch this space.
- **Fairseat Pub Nite** –the next one is at 5.30 pm Wednesday, 30th June.
- **Copacabana Club** – next one is planned for Fri 16/7 @ 11am but John will confirm theme and date.
- **Hairdressing** - our new hairdresser, Lovey, continues to come every second week – thank you.
- **Fairseat Rainfall** – 2021 total ytd is 728mm (28.7”) Vs Ave 624.5mm (25.4”) to end of June.

Jan '21 – 85mm (3.35”) over 9 days Vs Average of 66mm over 4.9 days

Feb '21 – 118.5mm (4.7”) over 10 days Vs Average of 48.4mm over 4.1 days

Mar '21 – 37.5mm (1.5”) over 7 days Vs Average of 105.3mm over 8.6 days

Apr '21 – 301.5mm (11.9”) over 19 days Vs Ave of 200.3mm over 15.1 days for April

May '21 – 184 mm (7.24”) over 16 days Vs Ave of 156.6mm over 12.7 days for May

June '21 – 1.5 mm (.06”) over 3 days Vs Ave of 39.8mm over 5.4 days for

- Saturday, 26th June, 10.30am – **Bingo with Jane** in the Widgery Room
- Sunday, 27th June, 11am – **Clock Golf** on the Big Lawn with Mike L
- Monday 28th June, 11am - **Crossword with Shirley** in the Widgery Room
- Monday 28th June, 3.30 pm- **Scrabble with Joan** in the Widgery Room
- Monday 28th June, 5pm - **Croquet with Debonnaire** on Top Acre
- Tuesday 29th June – **Happy Birthday June**
- Tuesday 29th June – **Hairdressing with Lovey**
- Tuesday, 29th June, 4.30 pm – **video** in Widgery Room, season 4 Episode 9&10 of **“The Crown”**
- Wednesday, 30th June, 11 am – **Clock Golf** on the Big Lawn with Mike L
- Wednesday 30th June - **Pub Nite** in with Mike, Neil & Debbie
- Thursday, 1st July, 11 am – **Exercises** with Sara on the Big Lawn
- Thursday, 1st July, 4.30pm- **video** in Widgery Room, **“Eat, Pray, Love”** with Julia Roberts
- Friday, 2nd July, 10.30am – **Bingo with Jane** in the Widgery Room
- Sunday, 4th July, 11am – **Clock Golf** on the Big Lawn with Mike L
- Monday 5th July, 11am - **Crossword with Shirley** in the Widgery Room
- Monday 5th July, 3.30 pm- **Scrabble with Joan** in the Widgery Room
- Monday 5th July, 5pm - **Croquet with Debonnaire** on Top Acre
- Tuesday, 6th July, 11 am – **Exercises** with John
- Tuesday, 6th July, 4.30 pm – **video** in Widgery Rm, season 2 Episode 1&2 of **“Inspector Morse”**
- Wednesday, 7th July, 11 am – **Clock Golf** on the Big Lawn with Mike L
- Thursday, 8th July, 11 am – **Exercises** with Sara on the Big Lawn
- Thursday, 8th July, 4.30pm- **video** in Widgery Rm, **“Remains the day”** starring Anthony Hopkins
- Friday, 9th July, 10.30am – **Bingo with Jane** in the Widgery Room
- Saturday, 10th July – **New moon**
- Sunday, 11th July, 11am – **Clock Golf** on the Big Lawn with Mike L
- Monday 12th July, 11am - **Crossword with Shirley** in the Widgery Room
- Monday 12th July, 3.30 pm- **Scrabble with Joan** in the Widgery Room
- Monday 12th July, 5pm - **Croquet with Debonnaire** on Top Acre
- Tuesday, 13th June, 11 am – **Exercises** with John
- Tuesday 13th June – **Hairdressing with Lovey**
- Tuesday, 13th July, 4.30 pm – **video** in Widgery Rm, season 2 Episode 3&4 of **“Inspector Morse”**
- Wednesday, 14th July, 11 am – **Clock Golf** on the Big Lawn with Mike L
- Wednesday 14th July – **Anniversary of Vivien Horwood’s donation of Fairseat property in 1989**
- Wednesday 14th July, 12.30 pm – **Drinks followed by long lunch remembering Vivien Horwood**
- Monday 19th July – **Manicures/pedicures with Ann Ndegwa**