

# Fairseat Foundation



## Fairseat News – 24th September 2020

- **LINK meeting Saturday, 26<sup>th</sup> September @ 11.30 in Widgery Room** – there will be a LINK meeting for all residents to discuss developments in protocols as we go into a new phase of efforts to protect Fairseat residents and staff from the coronavirus, thoughts on moving forward and to gauge how residents feel about the suggestions. We will also talk about changes to visitor protocols. Please note – **NO BRIDGE** on Saturday morning.
- **September & October birthdays and Wedding anniversaries** – In September we still have 2 residents celebrating birthdays with Maureen’s birthday today, on 24<sup>th</sup> and then Kathy on 30<sup>th</sup>. Chip & Anja celebrated their 29<sup>th</sup> wedding anniversary on 14<sup>th</sup>. In October we have Burns’ birthday on 4<sup>th</sup> with Jeanne & Edwin celebrating 60 years of marriage on 8<sup>th</sup> and then Mike & Vi celebrating their 57<sup>th</sup> anniversary on 12<sup>th</sup>. We are planning a combined **lunch on Thursday, 1<sup>st</sup> October in the garden** for all our September /October specials. Jeanne and Edwin have kindly offered to treat the residents to salmon fillets for lunch on the day to celebrate their 60 years of marriage. The weather should be warmer we hope, **but wear a hat & sunscreen as the tree is a bit leafless at present.**
- **Isolation** - Residents in isolation at the moment include Ben, Fiona, Shirley, & Elizabeth – all on day 10 of 14, Barbie B & John (4/14), Andy (3/14), Tony (3/7) and Joe & Chip (1/14). So please be aware, help us all to maintain responsible behaviour and keep safe. Can I please remind them all to wear reflective vests (get from the nurses) & always maintain 5 feet distance when socialising.
- **Visitors** - Thank you to everyone for cooperating with our requirements and making the effort to visit our residents. It has been agreed that visits can be extended to 60 minutes in duration and that they will not be supervised. We ask that visits take place on the verandah rather than inside and visitors must still pre-book their visit with Ruth Mumbi on [fairseatlibrary@gmail.com](mailto:fairseatlibrary@gmail.com) or 0701 719 440 so that we can maintain a record of visitors in case we need to do contact-tracing later. Contact Ben if you have concerns on 0706 277 417 or [manager@fairseat.org](mailto:manager@fairseat.org)
- **Staff** – All staff have now gone home. We are very grateful and appreciative of their efforts and sacrifice to keep Fairseat safe. We also take this opportunity to commiserate with Winnie Kamende, who normally cares for Maggie, who lost her mother earlier this week after a protracted illness.
- **Pub Nite** - next one will be scheduled for Wednesday evening, **7<sup>th</sup> October @ 5.30pm** with Neil, Andy & Debs all available.
- **Copacabana Club with John G. – Friday 16<sup>th</sup> October @ 11am** in the Widgery Rm featuring **“An evening at the London Palladium”**.
- **Past residents** – we remember Ron Smith who died on 3<sup>rd</sup> October 2014 and Bar Deacon who died at the age of 101 yrs on 8<sup>th</sup> October 2016.
- **Seasons** – On Tuesday, 22<sup>nd</sup> Sept we had the September Equinox. October is a very busy lunar month with TWO full moons – there will be a Micro-Full Moon on Friday, 2<sup>nd</sup> October followed by a Blue Moon on Saturday 31/10. The Moon orbits Earth in an elliptical path, which means one side of the path is closer to the Earth than the other. The point in the Moon's orbit closest to Earth is called perigee, while the point in the orbit farthest from Earth is known as apogee. When a Full Moon or a New Moon occurs around apogee, it's called a Micromoon, Minimoon or Apogee Moon. A Micro New Moon is a good time to stargaze. A Full or New Moon that occurs around perigee is called a Supermoon. There will be a Super-new moon on Friday, 16<sup>th</sup> October.
- **Films** – the **“Doc Martin”** series has come to an end. Debonnaire is yet to choose the next series. There will be no Thursday movie next week due to the birthday lunch.

- **Guest Apartment** – our guest apartment is available again – either for respite or visitors coming to see residents. It will not be as much fun as usual due to isolation restrictions in place but if anyone is interested please contact Ben. December is already almost totally booked out.
- **Dining Terrace** – our lovely dining terrace with its newly planted garden is taking shape. Thank you to Yvonne M-S, Joan and Fiona for their ideas and vision and our gardeners for their hard work.
- **Saturday Social Breakfast, from 8.30 to 9.30am only, on the dining room terrace.** The kitchen are still offering residents the opportunity to enjoy a lovely social breakfast with a difference. Fresh fruit with your cereal, hot coffee and egg of your choice cooked in front of you. There is even a rumour that they are offering mushrooms with the Eggs Benedictine this week – Ben & Fiona will be there on the isolation table just after 9. Please note, from 8.30 to 9.30 am only.
- **Fairseat Rainfall**
  - Jan to August – 1064.25mm over 105 days Vs Average of 665.4mm over 58.2 days
  - September to date – 46.5 mm over 8 days Vs Average of 25.9 mm over 3.6 days for the month
- **Saturday, 26<sup>th</sup> September – from 8.30am to 9.30am, social breakfast on the dining terrace.**
- **Saturday, 26<sup>th</sup> September @ 11.30am – LINK Meeting for all residents in Widgery Rm**
- **Saturday, 26<sup>th</sup> September - ~~Bridge at B&F's house~~ bridge cancelled due to LINK meeting**
- **Sunday, 27<sup>th</sup> September @ 11.00am - Clock Golf with Mike** under the Terminalia Tree
- **Monday, 28<sup>th</sup> September @ 11 am - Crossword with Jeanne** in the Widgery Rm.
- **Monday, 28<sup>th</sup> September @ 11 am - Boules** on the Big Lawn
- **Monday, 28<sup>th</sup> September @ 3 pm - Scrabble with Joan** in the Widgery Rm
- **Monday, 28<sup>th</sup> September @ 5 pm - Croquet** on the Top Acre lawn
- **Tuesday 29<sup>th</sup> September, 11am – Exercises with John G. on the big Lawn**
- **Tuesday 29<sup>th</sup> September, 4.30 pm – Video tbc** in Widgery Rm
- **Wednesday, 30<sup>th</sup> September – Happy Birthday Kathy**
- **Wednesday, 30<sup>th</sup> September, 10.30am - Bingo with Jane** in the Widgery Room.
- **Wednesday, 30<sup>th</sup> September, 11am - Clock Golf with Mike** under the Terminalia Tree
- **Wednesday, 30<sup>th</sup> September, 3 pm - ~~Bridge Lessons with Fiona~~ – Fiona in isolation**
- **Thursday 1<sup>st</sup> October, 11 am - Exercises with Yvonne** on the Big Lawn
- **Thursday 1<sup>st</sup> October, 12.15 pm – Drinks & Bitings** on the verandah before Birthday Lunch
- **Thursday 1<sup>st</sup> October, 1.00 pm – Garden Lunch under the Terminalia Tree – bring a hat.**
- **Thursday 1<sup>st</sup> October, ~~4.30 pm~~ – No video – due to big and late lunch**
- **Friday, 2<sup>nd</sup> October, 11am – Maths' problems** with John G. in the Widgery Room
- **Friday, 2<sup>nd</sup> October, 5pm – Boules** on the Big Lawn
- **Friday, 2<sup>nd</sup> October, 7pm – Micro-full moon rises over Diana's apartment**
- **Saturday, 3<sup>rd</sup> October – Remembering Ronald MacDonald Smith, died on this day in 2014**
- **Saturday, 3<sup>rd</sup> October, 10.30 am - Bridge at B&F's house**
- **Sunday, 4<sup>th</sup> October – Happy Birthday Burns**
- **Sunday, 4<sup>th</sup> October, 11.00am - Clock Golf with Mike** under the Terminalia Tree
- **Wednesday, 7<sup>th</sup> October, 5.30pm - Pub Nite with Andy, Neil & Debs**
- **Thursday 8<sup>th</sup> October – Happy 60<sup>th</sup> Wedding Anniversary Jeanne & Edwin.**
- **Thursday 8<sup>th</sup> October – Remembering Bar Deacon, died on this day, 2016 aged 101yrs.**
- **Thursday 8<sup>th</sup> October, 4.30pm – “Battle of Britain” video in the Widgery Rm.**
- **Saturday, 10<sup>th</sup> October – Moi Day, Public Holiday. Office will be closed**
- **Monday, 12<sup>th</sup> October – Happy 57<sup>th</sup> Wedding Anniversary for Jeanne & Edwin**
- **Friday, 16<sup>th</sup> October – Copacabana with John G in the Widgery Rm**
- **Friday, 16<sup>th</sup> October – Super New Moon**
- **Tuesday, 20<sup>th</sup> October – Mashujaa Day, Public Holiday, Office will be closed**