



## Fairseat News – 25 May 2020

- **Resident News** – On Sunday, Kathie had a fall whilst in her bedroom and had to visit Warwick Medical Centre for stitches to her head. At this stage she appears to be ok although we continue to keep a close eye on her for any delayed effects. After her short visit to the clinic, where procedures were carried out safely and with nobody other than the medical staff around, we still want Kathy to isolate in her apartment for the next week. Please avoid visiting Kathy in the short term although if you do see her sitting on her verandah you may chat to her from the garden – no closer please. Later, on Sunday, Maggie had a fall which resulted in a complete fracture of her right femur. She has been admitted to MP Shah and is scheduled for surgery late this afternoon.
- **Resident Birthdays** – in May we still have one more birthday for Edna (27/5). Then in June we have no less than 5 residents celebrating including Nyambura (11/6), Angela (12/6), Jane (17/6), Joe (20/06) and June (29/06).
- **Fairseat staff news** – Lilian, Josephine and Leonard have all been isolating for the last 14 days and come out to start work tomorrow. We then have Florence Owino, Judith and our fundi, John, starting isolation. Margaret Njeri has decided that her baby is still too little and we have agreed that she can take unpaid leave until the situation stabilizes and she can return to work. Carolyne, our admin manager, has unfortunately had to return to living at home and so will go back to being an outsider for now. She joins Eric and Anne in coming to work daily from home so residents must please keep a proper distance from them and avoid being in the office if at all possible.
- **Link** – thank you to Nigel & Jane and also Ian & Kathie for the extra sets of Boullies that we were loaned – much appreciated.
- **Drinking water** – Nairobi water supply is still not available and likely to be a week or more before we get any so please do not waste it.
- **Quiz nite** – will be on Friday, 29<sup>th</sup> May at 5.30 on B & F's verandah – I think Yvonne has set the questions! Beer, wine and soft drinks will be supplied along with a light supper afterwards in the traditional manner.

- **Pub Nite** – on Wed, 3<sup>rd</sup> June at 5.30 pm on B & F's verandah with Andy, Neil & Debs
- **Astronomical events of interest** – we saw the **new moon** yesterday, 24<sup>th</sup> May which confirmed the start of Idd al-Fitr and the end of Ramadan. Then we have a **full moon** due on Friday, 5<sup>th</sup> June which also coincides with a **Penumbral Lunar Eclipse** visible in Nairobi on both 5<sup>th</sup> & 6<sup>th</sup> June, starting at about 8pm and at its maximum effect at about 10.25pm. Then on Sunday, 21<sup>st</sup> June we will have the **June Solstice**, the shortest day of the year in southern hemisphere where the sun is directly above the Tropic of Cancer. We also have a **Partial Solar Eclipse** starting at about 6.45am on Sunday 21<sup>st</sup> June and at its maximum effect at about 7.45 am – remember not to look into the sun without proper protection.
- **Fairseat Rainfall** –we have already had over 92% of our annual average.
  - Jan** – 132mm over 20 days Vs Average of 66mm over 4.9 days
  - Feb** – 110mm over 8 days Vs Average of 48 mm over 4.1 days
  - Mar** - 206mm over 14 days Vs Average of 105mm over 8.6 days
  - Apr** – 323mm over 19 days Vs an Average of 208 over 15.6 days
  - May to date** – 165.5mm over 15 days Vs Average of 157mm over 12.7 days
- Year to date** – 937.75mm over 76 days Vs Ave of 585mm over 45 days.
- **Tuesday 26<sup>th</sup> May @ 11 am** - Exercises with John on Big Lawn, under Terminalia Tree
- **Tuesday, 26<sup>th</sup> May @ 4.30 pm** – Video “Homefires” with Debs in Widgery Rm
- **Wednesday, 27<sup>th</sup> May** – Happy Birthday Edna
- **Wednesday, 27<sup>th</sup> May @ 10.30am** - Bingo with Jane in the Widgery Room.
- **Wednesday, 27<sup>th</sup> May @ 11.00am** - Clock Golf with Mike under the Terminalia Tree
- **Wednesday, 27<sup>th</sup> May @ 3 pm** - Bridge Lessons with Fiona at the manager's house.
- **Thursday 28<sup>th</sup> May @ 11 am** - Exercises with Yvonne on the Big Lawn
- **Thursday 28<sup>th</sup> May @ 5 pm** – Boules for staff on the Big Lawn
- **Thursday, 28<sup>th</sup> May @ 4.30 pm** - Video “The Bletchley Circle – A Royal Affair”
- **Friday, 29<sup>th</sup> May @ 11am** – Math's games with John G in the Widgery Rm
- **Friday, 29<sup>th</sup> May @ 5.30pm** - Quiz night @ B&F's. Beer, wine & supper provided
- **Saturday, 30<sup>th</sup> May @ 10.30 am** - Bridge with Fiona at the manager's house.
- **Sunday, 31<sup>st</sup> May @ 11.00am** - Clock Golf with Mike under the Terminalia Tree
- **Monday 1<sup>st</sup> June** - Public Holiday for Madaraka Day. **Office will be closed.**
- **Monday 1<sup>st</sup> June @ 11 am** - Crossword with Shirley at B&F's
- **Monday 1<sup>st</sup> June @ 11 am** - Boules with Anja on the Big Lawn
- **Monday 1<sup>st</sup> June @ 3 pm** - Scrabble with Shirley on the Widgery Rm Verandah
- **Monday 1<sup>st</sup> June @ 5 pm** - Clock Golf for staff with Mike under the Terminalia Tree
- **Monday 1<sup>st</sup> June @ 5 pm** - Croquet with Debonnaire on the Top Acre lawn