

Fairseat Foundation



Fairseat News – 24th March 2020

- **Resident News – Maureen** was admitted into the MP Shah Hospital yesterday afternoon and will have a partial hip replacement operation this afternoon. She had a fall which resulted in a fracture of the femoral neck. On a happier note, we **congratulate Gay & Joe O'Brien who celebrate 58 years of marriage today.**
- **Fairseat lockdown** – We continue to tighten down on our isolation policy as much as we can given our unique circumstances. Whilst we also try to be social and keep busy, I remind residents of the importance of social distancing whenever possible with ongoing hand washing and sanitization. If anyone needs things purchased for them, cash or assistance of any sort, the first port of call is our Admin Manager, Carolyne, in the office. Give her your shopping order every Monday and Wednesday to make it easier for her.
- **Link** – the residents have a small committee to coordinate ideas for social activities that will occupy our minds and help keep us all sane and in a positive frame of mind through this present crisis. Anyone with ideas should phone Yvonne
- **Building** – In trying to reduce risk to residents, we will stop using the corridor outside rooms 1, 2, 3 & 4. Where possible these residents are asked to use their door onto the big lawn. If they do have to use the normal exit door, please exit in a fashion that reduces the contact with the building staff who are working there. Avoid using this corridor and walk over the grass for now please. The kitchen is close to the stage where we can start to put everything back together again, introduce our new equipment and I hope that we will have that part of our development program finished by the beginning of next week with the exception of our new freezer. I am then expecting that our staff can reclaim their area and we can start to work on Room 2. Our dining room is taking shape although a few recent tweaks have delayed the progress.
- **External services** – as explained at the LINK meeting, all services provided by an outsider have been cancelled temporarily. Not forever, but until further notice. So, Carmen will not be doing hairdressing until further notice. If you don't need an actual cut or perm then see Carolyne and she can organize for Lydia to wash & set your hair for you. Likewise, Anne Ndegwa (manicures & pedicures), Maria, Peninah and Norah (who all provide a variety of massage services), Lilian (Anglican Vicar who does our monthly service) will not be coming to Fairseat until further notice. We will review this as circumstances evolve and please talk to me if you have problems or concerns.
- **Safety for the Fairseat Family** – Residents and staff are reminded that they should not be taking the threat of COVID-19 casually. The five important issues for reducing risks for everyone:
 - **HANDS – wash them often, wash them well**
 - **ELBOW – cough into it or use a disposable tissue**
 - **FACE – don't touch it**
 - **SPACE – keep a safe distance from each other. No shaking hands, kissing, hugging etc. >3 feet**
 - **HOME – stay at home, do not go out, minimize the people you have contact with**
- **Lockdown living** – any residents who need supplies during our lockdown should see the office. Whilst we do not normally advertise such services, the fact is that there is little that our faithful driver Stephen has not been asked to buy over the years. We have a very competitive supplier of booze who will deliver to Fairseat and you simply order through the office. Anything of a particularly private nature can be discussed with the nurses. If in doubt, simply talk to Carolyne in the office but ideally, she would like to have your orders on Mondays and Wednesdays
- **Fee increase for 2020** – I take this opportunity to remind everyone that the fee increases as communicated to residents in December last year are due to be applied in April. I should also reiterate that the increase is modest and was more than off-set by the credit given to residents in December. Anyone with concerns can phone Ben.
- **Fairseat Pub Nite** –the next one is at **5.30 pm Wednesday, 25th March** on Ben & Fiona's verandah.
- **Videos** – Today we will screen the final parts of the series "**Anzac Girls**" before showing the two parts of "**The Phantom of the Opera**" on 31/3 & 02/04 . On Thursdays, we will watch "**About a Boy**" on 26/3; "**Mr. Holmes**" on 2/4; "**My Sister's Keeper**" on 9/4; "**Wall Street**" on 16/4 & "**Zulu**" 23/4