

# Fairseat Foundation



## Fairseat News – 01<sup>st</sup> July 2020

- **LINK Meeting** – there will be a **meeting for all residents on Saturday morning, 11.30am**, 4<sup>th</sup> July in the Widgery Room. Ben will give an update on the coronavirus situation, the thoughts of the board and the options open for residents going forward. It will also be an important opportunity for residents to voice their concerns, complaints and suggestions for Ben to take onboard. **Bridge on Saturday morning is cancelled.**
- **Resident News** – Micky has moved into Apartment 5, Maggie is in Room 9 and Lisbe Stewart and Nigel Brierley will be moving into Fairseat on Monday.
- **Isolation** – There are 5 residents in isolation at the moment so please be aware, help us all maintain responsible behaviour and keep safe. Can I please remind them to wear reflective vests (get from the nurses) if they wish to exercise, always maintain 5 feet distance & no social visits, boules or golf. In the staff isolation we have Judith Nyangasi, Florence Owino and Winnie Mwanza all into their 9<sup>th</sup> day of isolation. Then in our second isolation room we have our nurses, Beatrice and Alice on day 2 of 14. I am told that there is a lot of ironing and potato peeling done in staff isolation.
- **Staff News** – Carolyne is back at her desk – thank you to Ruth who did an excellent job standing in for her. Our nurse, Ambrosine, has had to return home as her mother is unwell. John Kamau is back at work after rushing home for his mother who passed away. Jane Ngugi (kitchen) went home as her husband was very ill and casual, Josephine, also from the kitchen, had to go home when her father died. Next staff mtng with Ben is 10<sup>th</sup>
- **Pub Nite** – on Wed, 1<sup>st</sup> July at 5.30 pm on B & F's verandah with Neil, Andy & Debs.
- **Monthly Speaker** – **Joe** will address the residents on the important subject of "Sleep" at 11.30 am, Friday, 3<sup>rd</sup> July in the Widgery Rm. I think this is a most appropriate issue to be hearing about as it really does affect most residents in one way or another.
- **Quiz night** – **will be on Friday, 3<sup>rd</sup> July at 5.30pm – questions have been set by Ben.** Beer, wine and soft drinks will be supplied along with light supper afterwards. Due to the number of people in isolation we have reduced our teams to 3 with 6 residents in each and Fiona will assist Ben to keep order and score.
- **Resident Birthdays** – In July we have no birthdays.
- **Past residents** – July is a big month for remembering past residents with no less than five to mention. **Vivien Horwood**, who lived here before donating the land for Fairseat, died 19/7/89, **Jeanette Chubb** on 20/7/17, **Liz Fowler** on 24/7/17, **Tobina Cole** on 27/7/16 and **Libo Barton** on 30/7/17.
- **Copacabana** – this is now being regularly held on the second Friday of every month and so our next event will be on **Friday, 10<sup>th</sup> July at 11am in the Widgery Rm.** John assures me that this will be the best event he has ever staged for the residents as he will have had plenty of time in isolation to explore the internet for exciting material.
- **Fairseat Foundation Day** – on **Tuesday, 14<sup>th</sup> July** we are going to be **celebrating the 31<sup>st</sup> anniversary** of the day that Vivien Horwood signed the deed donating the land that

Fairseat sits on today. There will be **chicken legs and soda for the staff**. Residents are invited to the manager's house for bread and water that will count as lunch.

- **Generator** – has had its radiator cleaned out and is now going ~~like a Boeing~~ very well.
- **Fairseat Rainfall** –we have already had 103% of our annual average and we are only half way through the year.

**Jan** – 132mm over 20 days Vs Average of 66mm over 4.9 days

**Feb** – 110mm over 8 days Vs Average of 48 mm over 4.1 days

**Mar** - 206mm over 14 days Vs Average of 105mm over 8.6 days

**Apr** – 323mm over 19 days Vs an Average of 208 over 15.6 days

**May** - 170.5mm over 18 days Vs Average of 157mm over 12.7 days

**June** – 110.5mm over 11 days Vs Average of 40mm over 5.4 days

**Year to date** – 1053.25mm (41.5”) over 90 days Vs Ave of 624.5mm over 54.3 days.

- **Wednesday, 1<sup>st</sup> July @ 5.30pm** – Pub Nite with Neil, Debs & Mike on B&F's verandah
- **Thursday 2<sup>nd</sup> July @ 11 am** - Exercises with Yvonne on the Big Lawn
- **Thursday, 2<sup>nd</sup> July @ 4.30 pm** - Video “The Bookshop”
- **Thursday 2<sup>nd</sup> July @ 5 pm** – Boules for staff on the Big Lawn
- **Friday, 3<sup>rd</sup> July @ 11.30 am** – Joe O'Brien to speak about “Sleep” in Widgery Rm
- **Friday, 3<sup>rd</sup> July @ 5.30pm** – Quiz at B&F's house followed by light supper
- **Saturday, 4<sup>th</sup> July @ 11.30 am** – Link Meeting in Widgery Rm. **Bridge with Fiona cancelled**
- **Sunday, 5<sup>th</sup> July @ 11.00am** - Clock Golf with Mike under the Terminalia Tree
- **Sunday, 5<sup>th</sup> July** – Full moon
- **Monday, 6<sup>th</sup> July** – Nigel & Lisbe move into Fairseat,
- **Monday 6<sup>th</sup> July @ 11 am** - Crossword with Shirley at B&F's
- **Monday 6<sup>th</sup> July @ 11 am** - Boules with Anja tbc on the Big Lawn
- **Monday 6<sup>th</sup> July @ 3 pm** - Scrabble with Shirley in the Widgery Rm or on the Verandah
- **Monday 6<sup>th</sup> July @ 5 pm** - Clock Golf for staff with Mike under the Terminalia Tree
- **Monday 6<sup>th</sup> July @ 5 pm** - Croquet with Debonnaire on the Top Acre lawn
- **Tuesday 7<sup>th</sup> July @ 11 am** - Exercises with John tbc on Big Lawn, under Terminalia Tree
- **Tuesday, 7<sup>th</sup> July @ 4.30 pm** – Video “Doc Martin” with Debs in Widgery Rm
- **Wednesday, 8<sup>th</sup> July @ 10.30am** - Bingo with Jane in the Widgery Room.
- **Wednesday, 8<sup>th</sup> July @ 11am** - Clock Golf with Mike under the Terminalia Tree
- **Wednesday, 8<sup>th</sup> July @ 3 pm** - Bridge Lessons with Fiona at the manager's house.
- **Thursday 9<sup>th</sup> July @ 11 am** - Exercises with Yvonne on the Big Lawn
- **Thursday, 9<sup>th</sup> July @ 4.30 pm** - Video “The Constant Gardener”
- **Thursday 9<sup>th</sup> July @ 5 pm** – Boules for staff on the Big Lawn
- **Friday, 10<sup>th</sup> July, 11 am** – Copacabana with John in Widgery rm
- **Friday, 10<sup>th</sup> July, 2.30pm** – Staff meeting with Ben
- **Friday, 10<sup>th</sup> July, 11 am** – Boules with Anja on the Big Lawn
- **Saturday, 11<sup>th</sup> July @ 10.30 am** - Bridge with Fiona at the manager's house.
- **Sunday, 12<sup>th</sup> July @ 11.00am** - Clock Golf with Mike under the Terminalia Tree
- **Tuesday, 14<sup>th</sup> July** – Fairseat Foundation Day, 31<sup>st</sup> anniversary of Vivien Horwood's gift.
- **Tuesday, 14<sup>th</sup> July** – Fairseat Foundation Day, lunch for residents at the Manager's Hse