

Fairseat Foundation



Fairseat News – 02April 2020

- **Resident News – Maureen Moller** continues to improve and get better. She is up and walking on her new hip. Please do not visit Maureen as she is exposed to outside people for medical reasons and we do not want to take any risks. **Gay O'Brien** had her was discharged from the MP Shah Hospital yesterday afternoon after having bipolar hip implant. She is back in her cottage and will be nursed from there. Only one birthday in April with **Vi L celebrating on Wednesday 8th April.**
- **Rumour Mill** – despite my request about not spreading rumours the situation appears to be worse. Can residents AND staff please resist the temptation of being part of the problem.
- **Menu** – we will be implementing Option 2 from last week. This means no soup at lunch time and no desert for supper. In addition, I will request the kitchen to give smaller portions which seems to have been the other major complaint from residents. Finally, I will speak to Gladys about implementing a system that will allow the kitchen to get all the supper orders in earlier and they can more accurately gauge the necessary amount to prepare. Any further suggestions should be shared with Ben
- **Fairseat lockdown** – We continue to tighten down on our isolation policy as much as we can, given our unique circumstances. As from Wednesday I am hoping that all necessary staff will be sleeping within Fairseat. We have hired 9 snake-proof tents and 27 beds & mattresses which will be situated around Fairseat, located in convenient places for easy access to suitable showers and toilet facilities for staff. I am hopeful that I will have all builders off the site by then. At this stage we will then further restrict access into Fairseat from the outside. We already have all deliveries unloaded at the front gate. Whilst we also try to be social and keep busy, I remind residents of the importance of social distancing whenever possible with ongoing hand washing and sanitization. If anyone needs things purchased for them, cash or assistance of any sort, the first port of call is our Admin Manager, Carolyne, in the office. Give her your shopping order every Monday and Wednesday to make it easier for her. Please do not unnecessarily overburden her with cash demands – pub night is really not that expensive, there are no donations required for religious services and the kids are not allowed to visit anymore!!

- **Link** – the residents have a small committee to coordinate ideas for social activities that will occupy our minds, help keep us all sane & in a positive frame of mind. Anyone with ideas should **phone** Yvonne. Update from the Link Activities sub-Committee ...

Further to our circular last week and all your prompt replies, we have put together an enhanced activities schedule for your entertainment and enjoyment during this period of isolation. The schedule, showing both existing and new activities, is attached for your convenience. We have not finalised the timing details of the Opera or General Knowledge Quiz but will let you know in due course. Please note that none of these activities are compulsory or exclusive ... anyone can join in or not, as you choose.

		Time	Going?	Activity	When?	Where?	Organiser	
Monday	am	11:00		Crossword	every week	Manager's House	Shirley	
	pm	15:00		Scrabble	every week	Manager's House	Shirley	
		17:00		Boules	every week	Top Acre Lawn	Anja	new!
		17:00		Croquet	every week	Top Acre Lawn	Debonnaire	
Tuesday	am	11:00		Exercises	every week	Big Lawn	John	
	pm	16:30		Film	every week	Widgery Room	Debonnaire	
Wednesday	am	10:30		Bingo	every week	Manager's House	Helen	
		11:00		Clock Golf	every week	Big Lawn	Mike Lee	new!
	pm	15:00		Bridge Lessons	every week	Manager's House	Fiona	new!
		17:30		Pub Night	1st & 3rd week	Manager's House	Andy & Neil	
Thursday	am	11:00		Exercises	every week	Big Lawn	Yvonne	
	pm	16:30		Film	every week	Widgery Room	Debonnaire	
Friday	am	11:00		Maths games	1st, 2nd & 4th week	Manager's House	John	new!
		11:00		Copocabana	3rd week	Manager's House	John	
	pm							
Saturday	am	10:30		Bridge	every week	Manager's House	Fiona	
	pm	17:00		Boules	every week	Top Acre Lawn	Anja	new!
Sunday	am	11:00		Clock Golf	every week	Big Lawn	Mike Lee	new!
	pm	17:30		Opera	TBA	Big Lawn	Yvonne	new!
		17:30		GK Quiz	TBA	Manager's House	Yvonne	new!
ad hoc				Computer issues	... please contact Fiona to arrange a time			new!

- **Building** – In trying to reduce risk to residents, we will **stop using the corridor outside rooms 1, 2, 3 & 4** until further notice. Where possible residents are asked to avoid using this corridor and walk over the grass for now please. Maggie, Brenda & June are requested to use the door onto the big lawn and if they do have to use the normal exit door, please exit in a fashion that reduces the contact with the building staff who are working there. Likewise, **it is very important that all our staff & residents restrict contact with all building staff and sub-contractors.**
- **External services** – as explained at the LINK meeting, all services provided by an outsider have been cancelled temporarily. This includes people like hairdressers, manicurists, drivers and other non-essential people. It does sound harsh but please accept that the state of one's highlights, or roots, are not an essential for life and they can be recovered later. Everyone in Fairseat is in the same boat and it

actually might present an opportunity to reveal a whole new side to your appearance that was unimaginable a few short weeks ago. Go "*au natural*"

- **Safety for the Fairseat Family** – Residents and staff are reminded that they should not be taking the threat of COVID-19 casually. The five important issues for reducing risks for everyone:
 - **HANDS – wash them often, wash them well**
 - **ELBOW – cough into it or use a disposable tissue**
 - **FACE – don't touch it**
 - **SPACE – keep a safe distance from each other. No shaking hands, kissing, hugging etc. >3 feet**
 - **HOME – stay at home, do not go out, minimize the people you have contact with**
- **Fee increase for 2020** – I take this opportunity to remind everyone that the fee increases as communicated to residents in December last year are due to be applied in April. I should also **reiterate that the increase is modest and was more than off-set by the credit given to residents in December**. Anyone with concerns can phone Ben.
- **Fairseat Pub Nite** –the next one is at **5.30 pm Wednesday, 8th April** on Ben & Fiona's verandah.